



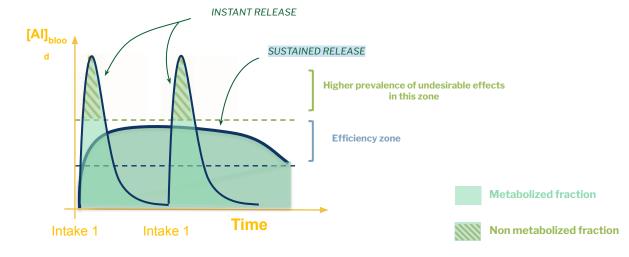
### Sustained release

## **Benefits for Nutrition**



The sustained release technology provides the release of an effective amount of active ingredient over time and at a continuous rate

- → Enhancing absorption
- → Avoiding **potential undesirable** effects





### Sustained release

## Benefits for formulator and consumers

## Sustained release formulations can be used to help

#### Formulator

Optimize the dosage of active ingredients by providing benefits over several hours

⇒ more specifically for ingredients with slow absorption rate



Provide high-value solutions and marketing differentiation

### Consumer



Reduce daily intakes and enhance the consumer compliance



Improve the efficiency of the treatment (uniform delivery of active over time)



Decrease potential side effects due to the peak of active ingredients





## A natural solution for sustained release dietary supplements

## What is it?

SEPISMART™ SR is a synergistic co-granulated combination of Xanthan and Acacia gums **from natural origin**, processed ....

without solvents.



Polysaccharide used for its viscosity properties providing the **sustained release** effect

Polysaccharide with a good behavior to **direct compression** giving good hardness tablet



An international patent application has been filled and a patent has already been granted in France and Japan



## A sustainable sourcing of acacia gum

## Reasoned & sustainable harvest

- Protection of acacia trees to ensure a sustainable development of gum acacia
- Use of improved cook stoves which consume less wood
- Harvesters: formation on good environmental practices

## Improvement of the harvesters' living conditions

- Give access to safe drinking water
- Ensure food security
- Help to diversify income

## Strengthening of the acacia gum industry

- Improvement of the quality of the gum
- Better integration of the producers in the industry network
- Sustainable growth of the local industry









# Xanthan gum, a thickener from natural origin



A polysaccharide gum derived from Xanthomonas campestris

Fermentation of carbohydrates containing raw materials like:







Glucose syrup from maize

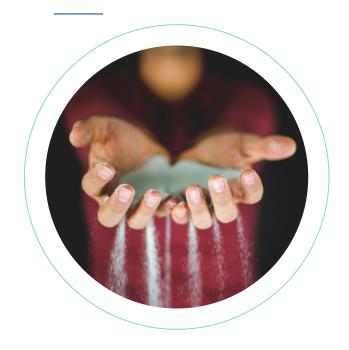
Sugar from sugar beet

Sugar from sugar cane

**Non GMO** 



# General properties



## **A**PPEARANCE

White or slight yellowish microgranules

### PHYSICAL PROPERTIES

 $> 500 \mu m : 4\% max$ Particle size

> 80µm: 65-90%

bulk: 0.45 ±0.05 g/mL Density

tapped: 0.58± 0.05 g/mL

shelf life

## **CHEMICAL PROPERTIES**

6 - 7.5pH (1% dispersion)

Viscosity at 2%

in buffer solution at pH 7,2 at 25°C

3000 - 3100 cP

Good viscosity properties!





## An optimized performance

### SEPISMART™ SR has been extensively tested to ensure an optimized performance



- Sustained release effect tested with different active ingredients: caffeine and magnesium carbonate
- An alternative to cellulosic derivatives with a similar level of performance
- Excellent flowability
- Excellent effect on compression behavior
- An adjustable release profile depending on % Sepismart  $^{\text{TM}}$  SR

### Easy to use in various delivery form

- Use in tablets (compatible with coated tablets)
  - Use in hard capsules

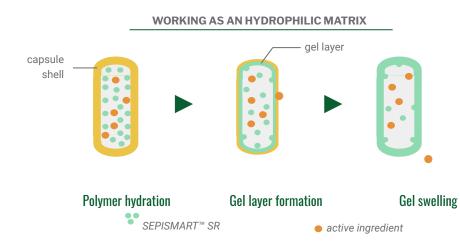


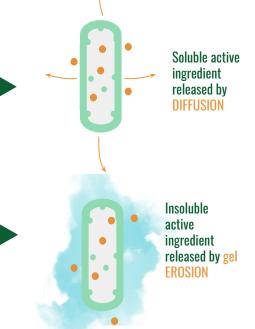


## Mechanism of action



## How does it work?





When ingested, the capsule starts disintegrating and the SEPISMART<sup>TM</sup> SR inside starts its hydration; the result is the formation of a gel.

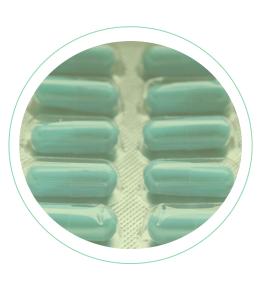
The capsule wall serves as a support for the gel formation, creating a gel layer all against the capsule body, similar to when the gel forms a layer all around the tablet.

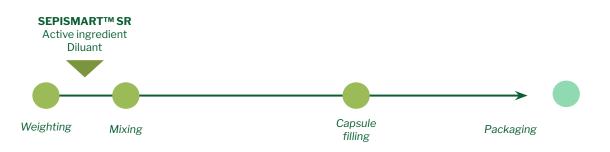


# Easy-to-use

How to use it?







During the mixing step, it is recommended to use a **shaker-mixer** rather than a high shear mixer.

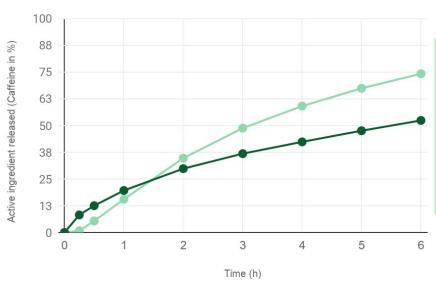
At lab scale, all ingredients were blended in a Turbula mixer. In order to obtain a stable homogeneous blend, the mix was then processed on a rotary press.

\*recommended dosage of Sepismart™ SR depends on the active



## Use in hard capsule

SEPISMART<sup>TM</sup> SR is compatible with use **in hard capsules.** By optimizing the ratio of excipient, it is possible to get a sustained release effect similar to the one obtained with tablets.



By comparing the dissolution profiles of capsules and tablets, both with 30 % of SEPISMART SR and 20 % of caffeine we see that **the sustained release kinetics show similar trends.** 

However, we observed a slower active dissolution for tablets forms. That is because the SEPISMART SR forms a stronger gel around the solid core of the tablet and thereby will take longer to dissolve. In capsule forms, the gel strength is much less important, with no support as soon as the capsule wall is dissolved.

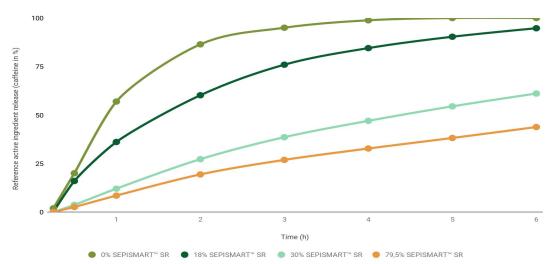


■ tablets SEPISMART SR (30%)



# Fine tuning the release profile

The sustained release profile can be adapted by using a different percentage of SEPISMART $^{TM}$  SR. It will also strongly depend on the nature of the active ingredient.



By comparing capsules with 30 % and capsules with 80 % of SEPISMART SR, we see that **the release dynamics are very close**. The SEPISMART SR can then be used Quantum satis **as a delaying and a filler agent.** 

25 - 30%

Recommended level of use

The release profile will depend on the formula and nature of the active ingredient.

\*at ≤ 20%, the forming gel layer may not be homogenous, giving an instant release

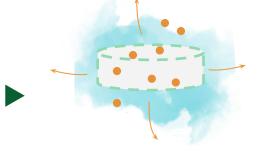




## Mechanism of action

How does it work?

**HYDROPHILIC MATRIX CONCEPT** 



Soluble active ingredient released by DIFFUSION



Polymer hydration

Gel layer formation

Gel swelling



Insoluble active ingredient released by tablet EROSION



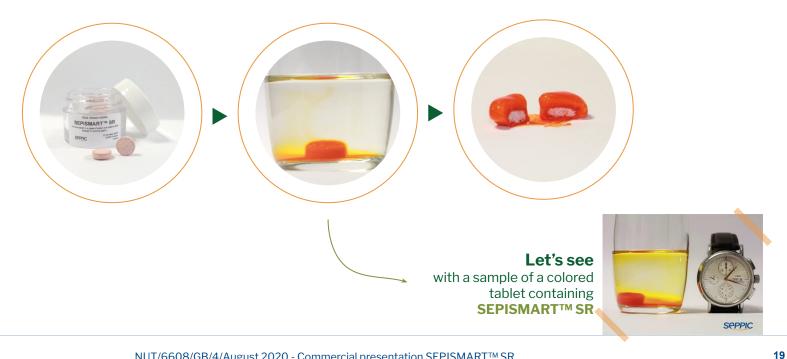


active ingredient



## Mechanism of action

How does it look like for real?





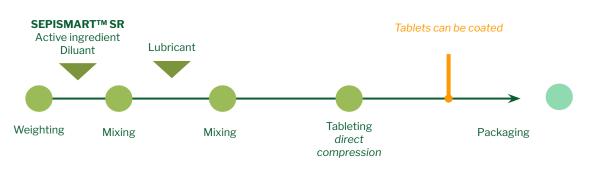
# Easy-to-use

How to use it in direct compression?

25 - 30%

Recommended level of use \*





During the mixing step, it is recommended to use a shaker-mixer rather than a high shear mixer.

At lab scale, all ingredients were blended in a Turbula mixer. In order to obtain a stable homogeneous blend, the mix was processed on a rotary press.

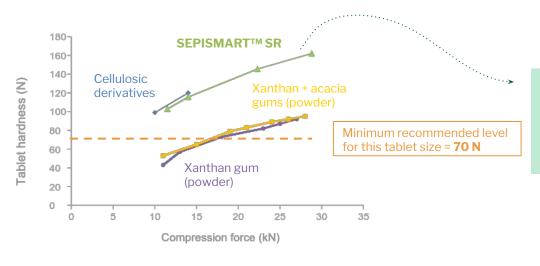
\*recommended dosage of Sepismart™ SR depends on the active



# No compromise on compression behavior

Tablets formulated with SEPISMART™ SR have an excellent hardness at **low compression forces**.

They behave as well as cellulosic matrices and better than powder mix of xanthan & acacia gums.



The **co-granulation** process gives excellent properties for compression to the combination of xanthan and acacia.



## Fine tune release profile

The sustained release profile can be adapted by using a different percentage of SEPISMART™ SR. It will also strongly **depend on the formula and the nature of the active ingredient.** 

25 - 30% Recommended level of use \*



\*at  $\leq$  20%, the forming gel layer may not be homogenous giving an instant release

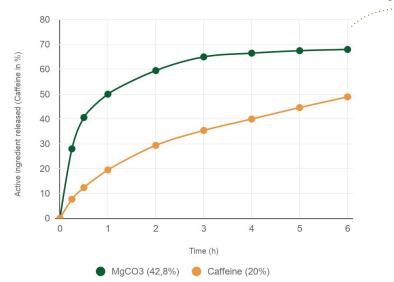


## Slow release magnesium carbonate tablets

SEPISMART™ SR can be used for sustained release with both water soluble or insoluble active ingredients.

Tablets containing Magnesium carbonate have been studied to evaluate the release profile using SEPISMART™

SR with a weakly soluble active ingredient.



MgCO<sub>3</sub> is released quickly released compared to caffeine while it is less soluble in water.

That shows that the active ingredient behaviour cannot be predicted only based on its solubility. In order to obtained an optimal dissolution profile, differents characteristics need to be taken in account (molecular weight, solubility, concentration in the formula, other excipients etc.).

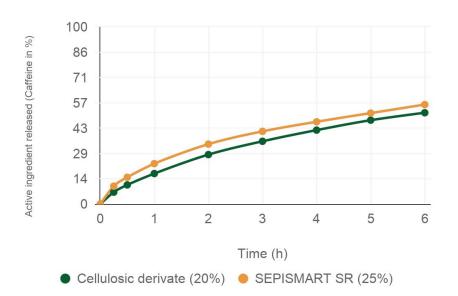
Tablets of 500mg were made with 30% of SEPISMART SR and 42.8% of  ${\rm MgCO_3}$  (26.3% of pure Mg).

Solubility of caffeine: 21,7 g/L (water, 25 °C) & solubility of MgCO  $_3$ : 0,106 g/L (water, 20 °C)



## An alternative to cellulosic derivatives

Tablets containing SEPISMART™ SR show similar performance in terms of tablets **hardness**, **friability** and **release** of the active ingredient, compared to tablets made with high molecular weight cellulosic derivatives.



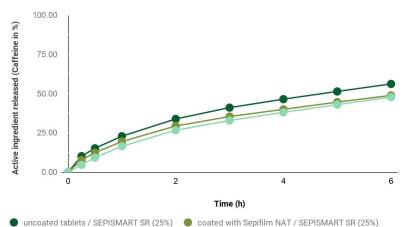
Tablet properties	Cellulosic derivative (20%)	SEPISMART™ SR (25%)
Tablet weight (mg)	518,8 ± 7,9	512,6 ± 3,7
Compression force (kN)	7.5	13
Hardness (N) >70N	102 ± 9	103 ± 3
Friability (%) <1%	0.0	0.1
Flowability Glass funnel Inox funnel (10mm)	∞ ∞	5,2 s 21,03 s

**Excellent flowability properties** compared to cellulosic derivatives



# Compatible with tablet coating

Tablets formulated with SEPISMART™ SR in direct compression can then **be coated** if needed without altering the sustained release properties.



oated with Sepifilm LP / SEPISMART SR (25%)

### It is **fully compatible** with:

- functional coating agents such as  $SEPIFILM^{TM}LP$  when the active ingredient requires moisture protection
- aesthetic coating agents such as SEPIFILM NAT™ COL giving bright, stable and natural colors to the tablets

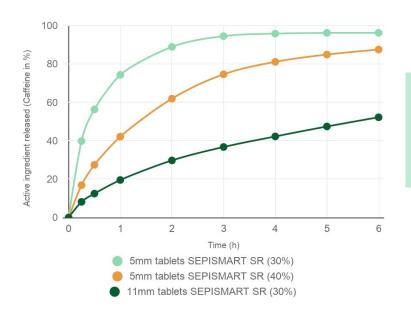
#### Coated tablets were made using:

- 100% Sepifilm™ NAT Blue 15% solid content 4% weight gain
- $\bullet~60\%~Sepifilm^{\intercal M}~LP~014~/~40\%~Sepisperse^{\intercal M}~dry~Blue~-12\%~solid~~content~-~5\%~weight~gain~$



## Impact of tablets size

SEPISMART™ SR has been tested in direct compression on Ø5mm tablets in comparison with tablets of classic size (Ø11mm), a slow release effect is observed and its kinetic is modulable by adjusting the % of SEPISMART™ SR.



- A slow release profile is obtained in 5mm tablets: about 90% of the caffeine is released in 2h
- The slow release effect in small-sized tablets can be enhanced by increasing the amount of SEPISMART SR at 40%





# Why try SEPISMART™ SR?

## Advantages of using SEPISMART™ SR

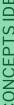
- Well-known gums from natural origin widely used in food and dietary supplements applications
- A candidate to:
  - ✓ overcome formulation difficulties
  - ✓ bring added-value to a new product
  - ✓ re-launch an existing formula
- Easy to use:
  - ✓ Synergistic effect between the gums for an optimized aptitude to compression
  - ✓ Excellent flowability
- 1st solution for delayed release capsule





## Accelerate innovation





**Multivitamins** 



with both instant and sustained releases

Energy



for continuous energy to help **fight fatigue** all day long

Sleep



to help maintain **good** sleep quality all night long

#### **Sport**



in sports supplements enhance performance during training

- Amino Acid
- Plant extracts

#### **Stress**



to **relax the body** and increase energy levels





to combine probiotics & prebiotics

- Magnesium
- Caffeine Vitamin C
- Iron
- L-Theanine
- Guarana

- Melatonin
- Passiflore
- Tryptophan

- Avurvedic
- 5-HTP Adaptogens

CBD

- Vitamins/Minerals
- Other extracts

FROM NATURAL ORIGIN **CLEAN LABEL CONSUMER FRIENDLY** 



SEPISMART™ SR can also be used as a **thickener** thanks to its viscosity



# Concept n°1







Melatonin & SEPISMART™ SR (mini tablets or granule)

**Passion Flower** 

Sepismart's action

Release of Melatonin all over the night (sustained release) + natural relaxing action of Passiflore (immediate release)



- → Melatonin helps to reduce the time it takes to fall asleep (1 mg melatonin/portion)
- → Melatonin contributes to the alleviation of subjective feelings of jet lag (>0.5 mg melatonin/portion)

**Ingredients:** Sepismart<sup>TM</sup> SR, Melatonin, Passion Flower Extract, Maltodextrin, Vegetarien capsule (HPMC)

Dose: 2 caps (1 mg melatonin)



# Concept n°2



#### Vitamin C & SEPISMART™ SR



Ingredients: Sepismart™ SR, Vitamin C, Maltodextrin, Vegetarien capsule (HPMC) Dose: 2 caps (1 mg vitamin C)) Context

Vitamin C is largely used as food supplements for its multiple effects on the body such as the energy levels support. But as it cannot be accumulated in the body, an **excess intake causes a lost of vitamin C which is eliminated through the urine**.

Sepismart's action

Release of vitamin C gradually all over the day (slow release) ensuring a steady supply of vitamin up until 8 hours



→ Vitamin C helps to increase the energy level during exercise, by taking part of the carnitine's production. Carnitine facilitates the burning of fat which bring energy.



# Concept n°3







Adaptogen plants (rhodiola, ashwagandha & ginseng) & SEPISMART™ SR

Marine magnesium and/or B6 and/or L-theanine

Sepismart's action

Immediate release Mg, B6, L-theanine for fatigue and mental health care Sustained release adaptogen plant extract to better handle stress

Ingredients: Sepismart™ SR, Marine Magnesium, L-Theanine, Adapatogen mix (rhodiola, ashwagandha, ginseng), Maltodextrin, Vegetarian capsule (HPMC), vitamin B6

Dose:1 caps



- $\rightarrow$  Magnesium contributes to a reduction of tiredness and fatigue (>15% NRV)
- → Vitamin B6 contributes to the reduction of tiredness and fatigue (>15% NRV)



# Concept n°4





Amino acid (BCAA) & SEPISMART™ SR

Marine Magnesium and/or vitamin C and/or plant extract rich in Vit C (ginger/turmeric)

Sepismart's action

Benefices are immediate release antioxidant and Mg<sup>2+</sup> Extended release BCAA to promote recovery, muscle growth and repair



- → Magnesium contributes to normal muscle function (> 15 % NRV)
   → Vitamin C contributes to normal energy-yielding metabolism(> 15 % NRV)

**Ingredients:** Sepismart™ SR, BCAA, Magnesium, Vitamin C, ginger, turmeric, sweetener, coloring

Dose:1sachet



# Regulatory and quality package

It is fully compliant with **EU\*** and **US** food supplements regulations



### RECOMMENDED LABELING FOR USE IN FOOD SUPPLEMENT

✓ in the EU

✓ in the US

Carrier: Xanthan Gum. Acacia Gum

or

Carrier: E415. E414

SEPISMART<sup>TM</sup> SR is compliant with the label

"natural-origin"

Guaranteed on SEPISMART™ SR



Heavy metals<sup>1</sup>



**Pb** ≤ 2ppm **Cd** ≤ 1ppm **As** ≤ 3ppm

**Hg** ≤ 1ppm



Microbiological analysis<sup>2</sup>

<sup>1</sup>tested on a statistical basis on raw material <sup>2</sup> tested on each batch

\*Reg 231/2012/EU & 133/2008/EU Annex III



Carrier: Xanthan Gum, Acacia Gum

## Packaging, storage and transportation

## ✓ Packaging

Primary packaging

Secondary packaging

Pallet 100x120x150cm / 800kg

## ✓ Storage and transportation

Shelf life 2 years

Storage conditions Store in well closed containers in a clean and dry environment.

Transport Not concerned by transport regulations

## ✓ Samples

Standard size

500 g



## SEPISMART SR at a glance

recommended level of use: 25% to 30%\*











From **natural origin** 



A synergetic combination of acacia and xanthan gums



Eco-friendly processed (w/o solvents)



Easy to use excipient



Manufactured in France



Safe and consumer friendly No GMO / No additives and preservatives / Vegan / Kosher and Halal certified



Compliant with EU and US food supplements regulations



recommended use depends on the active



# Thank you!





## Contacts

#### Not

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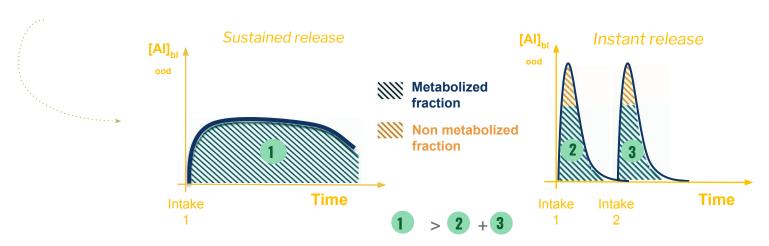
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## Example 1: enhancing absorption

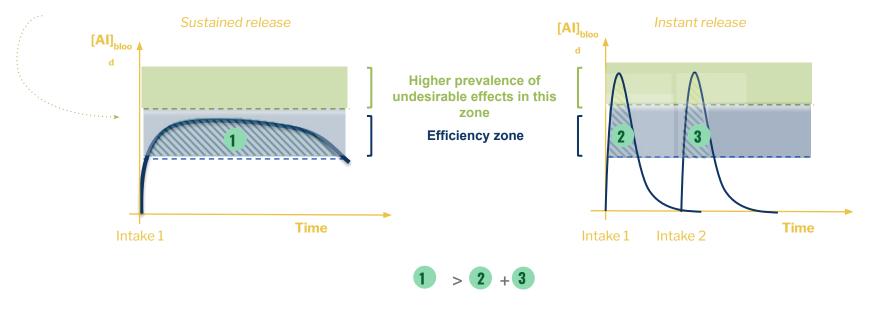




## Sustained release

## **Benefits for Nutrition**

## <u>Example 2:</u> avoiding potential undesirable effects





## No compromise on compression behavior

The release of the active ingredient is **independent of tablet hardness**. It allows to use a low compression force when manufacturing the tablets.

